



JUNE 2026 WORKBOOK

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“And what is so rare as a day in June? Then, if ever,
come perfect days.”

— James Russell Lowell

June Mantra:

I trust what is flourishing, stand fully in my light, and
welcome abundance with an open heart.

keywords this month:

Radiance · Expansion · Confidence · Joy · Clarity

The themes this month are full expression, vitality, and celebration.

June carries us into the heart of early summer. What began as a spark in spring is now alive, visible, and asking to be fully embodied. Gemini energy moves through the first part of the month, bringing curiosity, communication, and movement. As the Sun shifts into Cancer near the Summer Solstice, the energy turns inward in a softer way—inviting us to nourish what truly sustains us.

This month is about standing in what has grown and allowing yourself to receive the fruits of your effort. June asks us to notice what is thriving, where joy lives, and how we can honor both outward momentum and inner emotional truth. There is brightness here, but also depth.



My intention for this month is:

Here are three ways I plan to take action toward this goal:

1.

2.

3.

“Keep your face always toward the sunshine—and shadows will fall behind you.”

— Walt Whitman



When I meet this goal, I will feel:

This will change my life in this way:

Notable dates & energies:



June 8th · Last Quarter Moon in Pisces

June 14th · New Moon in Gemini

June 21st · First Quarter Moon in Libra / Summer Solstice

June 29th · Full Moon in Capricorn

Journaling prompts for June:

- What is flourishing in my life right now?
- Where am I being called to shine more fully?
- What does abundance look and feel like for me?
- How can I balance movement with emotional nourishment?
- What am I celebrating this season?





JUNE TAROT SPREAD



The Sun Wheel Spread

meanings

1. The Center of My Light

What truth or energy is shining most strongly within me right now?

2. The Dawn

What is just beginning to emerge?

3. The Noon Sun

Where am I being called to stand fully in my power?

4. The Warmth

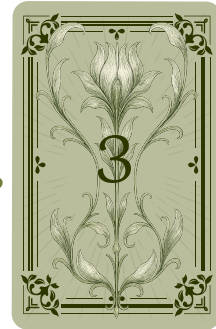
What is nourishing and sustaining me this season?

5. The Horizon

What opportunity or path is opening ahead?

6. The Long Day

What should I carry forward into the rest of summer?



This layout mirrors the energy of June.

- **Center (1)** = your core energy and truth
- **Top (3)** = visibility, radiance, and confidence
- **Sides (2 & 4)** = what is emerging + what sustains it
- **Bottom (6 & 5)** = the path ahead and what continues into summer

