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MARCH WORKBOOK

“Spring is the time of plans
and projects.”

— Leo Tolstoy



March Mantra:

I trust my inner wisdom, take courageous action, and
welcome new beginnings with clarity and fire.

keywords this month:

Awakening · Courage · Action · Renewal · Beginnings

The themes this month are renewal, transition, and forward momentum.

March is a true turning point. The month begins in the reflective waters of Pisces season, asking us to listen, feel, and integrate what winter has taught us. As the Sun enters Aries at the Spring Equinox, the energy shifts dramatically — from inner processing to outward action. This is the astrological new year, a moment of rebirth, balance, and ignition. March reminds us that clarity emerges through movement, and that beginnings require both intention and courage.



My intention for this month is:

Here are three ways I plan to take action toward this goal:

1.

2.

3.

“The secret of getting ahead is getting started.” — Mark Twain

When I meet this goal, I will feel:

This will change my life in this way:

Notable dates & energies:

March 3 · Full Moon in Virgo (Lunar Eclipse)

A grounding full moon that illuminates habits, health, and daily rhythms. This lunation invites you to refine your systems, release perfectionism, and focus on what is truly supportive.

March 11 · Last Quarter Moon in Sagittarius

A philosophical clearing moon that encourages release of outdated beliefs, narratives, or directions that no longer align with who you are becoming.

March 18 · New Moon in Pisces

A dreamy, intuitive new moon ideal for intention-setting around healing, creativity, spirituality, and emotional integration. Plant seeds gently and trust what unfolds.

Journaling prompts for March:

- What lessons am I carrying forward from winter?
- Where am I ready to take a brave first step?
- What does renewal look like in my body, my heart, and my daily life?
- How can I honor both intuition and action as I move forward?

March 20 · Spring Equinox & Sun enters Aries

Day and night balance. The astrological new year begins. Aries season sparks courage, initiation, and bold forward movement. Honor rebirth, clarity, and the return of fire.

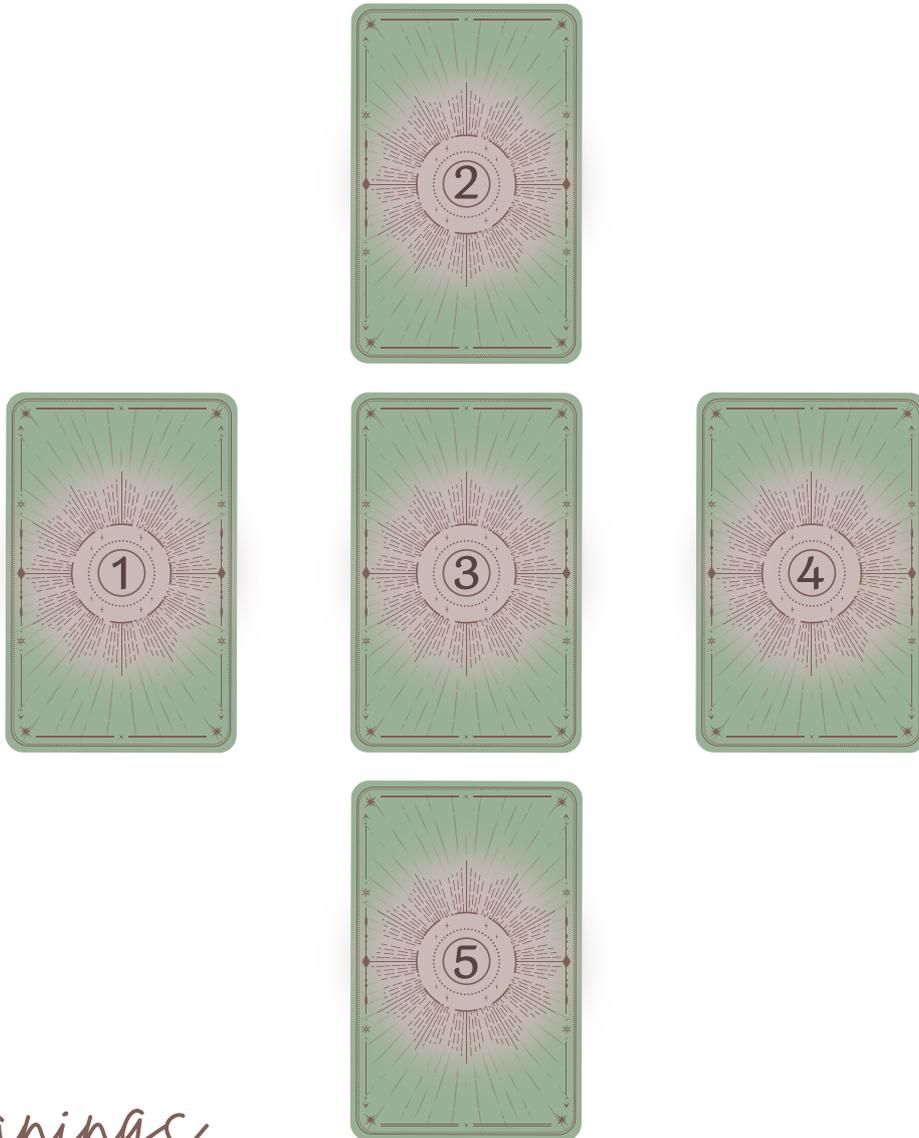
March 25 · First Quarter Moon in Cancer

An emotionally driven action moon that asks you to move forward while staying connected to your needs, boundaries, and sense of safety.

MARCH TAROT SPREAD

The Threshold Spread

A 5-card spread to help you honor transition, cross the seasonal threshold, and step into the astrological new year with intention, balance, and courage.



meanings

1. What am I stepping away from?
2. What wisdom am I carrying forward?
3. What is being reborn in my life now?
4. What energy supports my next step?
5. What action will anchor this new beginning?